



PAGODA



Service Above Self

One Profits Most Who Serves Best

Issue No. 481- 20 October 2020

Published Weekly

20 October — Dinner Meeting

27 October — Speaker Program



 ROTARY CLUB OF SHANGHAI INVITES YOU TO
OCT. 20, 2020
Regular Dinner Meeting
@ LEONARDO'S OF KUNLUN HOTEL JING'AN



RSVP
 TIME: 18:30-20:30
 DINNER FEE: 190/220 RMB
 VENUE: 1/F OF KUNLUN HOTEL JING'AN
 NO. 250 HUASHAN LU / 华山路 250 号静安昆仑 1 楼
 INTERNAL SPEAKER: NILS LESSMANN



Understand your different Ego-State and how you trigger others with Tilman Rieger



Executive Coach
 Communication Expert
 Workshop Facilitator

Learn about a powerful yet simple model to identify and analyze the complex way of how people interact with each other. We all have experienced that destructive behavior of our counterpart can also trigger dysfunctional behavior in ourselves. How can we avoid this and return to a more constructive interaction? Having a model with which you can analyze and improve your own "behavior and communication portfolio" as well as that of others can be extremely helpful in challenging situations. This keynote speech will introduce you to the eye-opening PAC Model of transactional analysis and has the potential to bring your communication awareness to the next level.

Birthdays of the month: October

- | | |
|---------------------|---------------------------------------|
| 01 — Richard Zhang | 25 — Olivier Ye |
| 11 — Frank Yih | 29 — David Smith & Christophe Leconte |
| 18 — Danny Stoetzer | 31 — Frank Mulligan |
| 23 — Thilo Koeppel | |

Other Events

- | | |
|---|----------------|
| 20.10 — Internal Speaker Nils @Leonardo | 6:30 - 8:30 pm |
| 27.10 — Speaker Program @KunLun | 6:30 - 8:30 pm |
| 03.11 — Networking Meeting @TBD | 6:30 - 8:30 pm |
| 10.11 — Speaker Program @Kartel | 6:30 - 8:30 pm |
| 17.11 — Speaker Program @KunLun | 6:30 - 8:30 pm |

The Four-Way Test 四大考驗 Officers & Directors

Of the things we think, say, or do:

我们说的做的要符合:

1. Is it the **truth**?
是真的吗?
2. Is it **fair** to all concerned?
是公平的吗?
3. Will it build **goodwill** and **better friendships**?
是善意并促进友谊吗?
4. Will it be **beneficial** to all concerned?
是对大家有利吗?

- Tracy Hua** – President
Rita Malvone – Vice President
David Smith – Secretary
Christoph Wenner – Treasurer
Thilo Köppe – President Elect
Terri Lau – Immediate Past President
 Alejandro Rocha Buriel
 Alexander Hartmann
 Andreas Winterfeldt
 Ludovic Antérieur
 Nathalie Köppe

Committees & Chairs

- Club Administration Chair:** Thilo Köppe
Membership Committee: Thilo Köppe
Fellowship Committee: Rita Malvone
Rotary Information Chair: Tiziana Richiardi
Service Projects Committee: Alex Hartmann
Youth Service Committee: Naomi Peña
Rotary Foundation: Nils Lessmann
Gift of Life (GOL): Terri Lau
Sister Clubs: Motohiro Yamane
Pagoda: Christian Kober
PR Committee: Natalie Köppe; Tracy Hua
RCS Alumni Committee: Andrew Hill
Circle of Centennial Rotary Club: Terri Lau
S-A-A: Alejandro Buriel Rocha; David Smith

Highlights from Our Latest Networking

October 13th, 2020

Under the leadership of Alejandro we had our second networking event. As this time participation was lower (many probably enjoying an extended October Holidays), the number of tables was reduced to three, with very interesting topics, especially in our current global situation: How to deal with the VUCA world (Volatile, Uncertain, Complex, Ambiguous); How to deal with Supply Chains in the times of COVID and Business Sentiment in 2020. Discussions were lively and wide ranging, from digital disruption to sportswear franchising in China. The buffet food was very much appreciated, and that nobody complained about the time overrun further underlined how much Rotarians and guests enjoyed the event.



Highlights from Our Family Day in Qingpu

23 Rotarians and friends (including 3 delightfully energetic children) had a great time in Qingpu Jinze water town this past Saturday.

After arriving by bus, the group enjoyed strolling to and over a number of the town's distinctive bridges, with a few members availing themselves of a boat tour as well. Then off we went for a lengthy amble down country roads, enjoying the cool weather and (surprise!) the sight of Honorary Rotarian Carms rolling by in a "tuk tuk", ably piloted by a chivalrous local gent.



In due course, completely achieving Guide Fly's secret plan to build our appetites to a ravenous level, we arrived at a village restaurant to a very tasty and sumptuous lunch. Then it was back on the bus for the trip home to Shanghai. Thanks so much, Rita and Fly, for a lovely outing!



KBDF Second Report

To support this project, a total amount of USD 31,200 from 7 Rotary Clubs were kindly donated. The project started in January 2020. Early in the month, the selection of the beneficiaries for the greenhouses (GH) have been done. But in February, the training had to be postponed due to the sanitary situation.

Late March, early April, activities have been able to resume and our programs have started to be more active again.

The general goal of the project is to alleviate poverty in the underprivileged population of the Tibetan Plateau by improving nutrition and food habits. More specifically to educate and to equip the beneficiaries to reach this improvement of their nutritional and health status, with a special focus on children.

Specific objectives are:

1. To establish 15 family-based pilot vegetable greenhouses (at least 32 square meters) in 1 village or community.
2. To carry out training sessions for, at least, 500 participants in the pilot village/community so that local people can master the cultivation techniques and principles of greenhouses.

On April 3rd, 2020, IfN staff arrived in Nangqian County (Yushu Prefecture, Qinghai Province) to carry out a training for Dejia community. Dejia Community Center welcomed 18 family representatives one after another.

Training topics

1. Site selection: The site selection of greenhouse (GH) is very important. It is necessary to choose flat and fertile land; it is best to build it around your own courtyard for later management.
2. Material: Because of the high winds on the plateau, it is necessary to use a steel structure to stabilize it to prevent it from being blown away by the wind; for covering, it should use transparent tiles panel, which is more durable and environmentally friendly than ordinary plastic.
3. Composting: The soil in the greenhouse comes from the riversides. After high-temperature treatment, it should be composted with cow dung in order to enrich the land before cultivating it
4. Irrigation: Due to the large temperature difference between day and night on the plateau, if you directly irrigate with water, it is easy to freeze the young plants. A storage tank needs to be built, located halfway inside and outside the greenhouse to temper the water from outside during the winter and from inside during the summer.

At the end of June and in July, the herdsman of Dejia levelled the

land according to the previous design, prepared hollow bricks, soil and other basic materials for constructing the greenhouse. Under the careful guidance of the local trainer, they built the walls of the greenhouses well.

Based on the previous experience of Dejia community greenhouse, this time, the roofs of the greenhouses are made with transparent colored tiles (plastic polymers) that have a service life much longer than plastic films and are fixed with steel structures. In the rural area with an average altitude of 4,200 meters, the winds in spring and autumn are particularly strong. Such a transparent roof is very strong, not easy to be blown away by the strong wind.

For the soil in the greenhouse, following the guidance of our agriculture expert, the herdsman firstly collect soil from the riversides or from barley fields, which is much fertile than earth on the prairie. Then they put the earth under the blazing sun for 3 days for a kind of “disinfection” to prevent worms in the future. After which they mix this earth with yak dung and normal earth from the prairie. This is how they get a richer soil, more fertile to use in the greenhouse.

The most common pests and diseases in the greenhouse can be controlled to a certain extent. The use of cow dung makes the herders feel very cordial and feel that the vegetables in the greenhouse are grown in an atmosphere that cares for nature, shares good things, and is environmentally friendly. These vegetables will certainly provide rich nutrition for herdsman.

During the whole construction period, the community coordinator Bajiu was accompanying the technician to every family, so that to make sure all greenhouses would be built in the right and efficient way. Bajiu has participated in the 2018 Dejia community greenhouse project of IfN and received intensive training from the agriculture expert. He is famous in the area as a “greenhouse expert” who the locals trust a lot. If there is any problems beyond him, Bajiu would contact the IfN agriculture expert on time to make sure the project goes smoothly. Also the general project coordinator of IfN has already visited twice the project.

As a conclusion, we can write that despite the delays due to the Covid situation and the caterpillar season, the project is going ahead very smoothly.

